

TRAINING FOR PARENTS AND CARERS

<i>Training</i>	<i>Aims</i>	<i>Time required</i>	<i>Audience</i>
Learning to Learn	<ul style="list-style-type: none"> To provide parents and carers with an overview of child development and equip them with advice, activities and strategies to support the development of their child's: <ul style="list-style-type: none"> Motor Skills Speech, Language and Communication Emotional Well-being 	1½ hour session	Suitable for parents of nursery and Year 1 students
Big Feelings	<ul style="list-style-type: none"> This session supports parents to explore why tantrums and big feelings happen. The session looks at ways parents and carers can support their children to manage big feelings 	1½ hour session	Suitable for parents of children in mainstream nursery and primary schools
Encouraging and Enjoying Physical Activity	<ul style="list-style-type: none"> This session discusses the importance of physical activity for development, physical health, and emotional well-being. The session looks at ways to support children who may be reluctant to participate in physical activity 	1 hour	Suitable for parents of children in mainstream nursery and primary schools
Language and Communication	<ul style="list-style-type: none"> This session will provide parents with information about the development of speech, language and communication. Parents will learn strategies and activities to support their children's development of speech, language and communication skills 	1–1 ½ hours	Suitable for parents of nursery and Year 1 students

Parent training sessions, activity ideas and advice leaflets are also available on the website: <https://view.pagetiger.com/RISENI/parents>

The team regularly reviews and updates training sessions available. If you have a suggestion for a session, please get in touch.

Training can be requested through our consultation request form: <https://forms.office.com/e/ZWUBPNJgxe>

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